

MULTIPLY YOUR **WELLNESS**

EXPAND YOUR LIFE

WELCOME

It's time to live a life more multiplied. We'll help you give more: to your family, to yourself and to doing the things you love. To us, this is the true state of well-being.

You get this for free!

Multiply Starter is free to members who are on qualifying medical schemes and employer groups.

If you belong to a qualifying scheme and you are: the principal member, a spouse or partner of the principal member or an adult dependant on the medical aid, then you automatically get free Multiply Starter membership.

Life's more rewarding with discounts and benefits from over **60 partners**

Live well, eat well.

Food and clothing



Up to 5% off Edcon gift cards




Up to 4.5% back in Dis-Chem points

Have more fun.

Entertainment



Movies for as little as R40



15% off ODI games

Boost your learning.

Education



Up to 50% off




Only R150, thereafter only R75 per child



10% off

Get moving.

Fitness and sport



10% off



5% off vouchers



5% off vouchers

Take care of the family.


Lifestyle and Safety



15% off




22.5% off



5% off

Enjoy a healthier life.

Healthy living



30% off




25% off




Free articles

Enjoy new places.

Travel



Up to 7.5% off




Up to 7.5% off



Up to 10% off

Shop for gadgets.


Online shopping



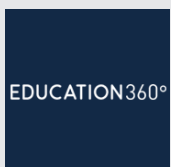
10% off



5% off



5% off vouchers



This fantastic benefit that's all around education is FREE to all our members. EDUCATION360° is our accessible online platform that will impact education. It's the go-to place for parents, students, learners, teachers, professors and more. Use the School Tool; connect with other educators, parents or contributors; download exam papers, worksheets and more. Visit www.education360.co.za

Go online to see our **full list of partners**

MULTIPLY STARTER

How to Multiply your wellness

GET FINANCIALLY WELL



Use our online financial tools and calculators like **MyFinTrack** to manage your finances, or **MySmarts** to determine the impact of your financial decisions, or keep your documents in order with **MyFiling**.

Find more actions on our site.

GET HEALTHY



Do your Health Assessment at any Dis-Chem or Clicks clinic.

Get screened

Prevention is the catch-phrase of our times. Mammograms, pap smears, prostate screening, flu vaccines and other immunisations help in catching diseases in its early stages.

Adopt good habits

Join a nutrition programme.
Join and complete a smoking cessation programme.

Find more actions on our site.

GET ACTIVE



Do what you love and use technology to improve your fitness through Active Dayz™.

Our partners offer affordable ways to be active.

Plus our online shop has specially negotiated the best deals on lifestyle tracking devices and apps.

If tracking is not your thing, go for a Fitness Assessment at any Virgin Life Care or Wellness Coaching Network.

BE SAFE



Go online to assess the security of:

Your personal safety
Your vehicle safety
Your home and environment safety

Save on security measures.

Use our tips to stay safe.

GET EDUCATION SORTED



Engage with Education360°, the online education tool that will empower you and the students and learners in your life. Go online, see what the experts have to say, get advice on a range of topics from healthy eating to bullying.

Use your great Multiply discounts to get professional career guidance or boost your child's maths skills to a whole new level.

For bigger rewards and better benefits – upgrade to Multiply Provider or Multiply Premier.

Imagine paying up to half price for local flights, getting up to 40% off quality clothing and back-to-school goodies from stores like Edgars, Jet and CNA, and getting healthier and fitter while you work on your financial wellness? This is what buying up to either of our two paid-for options can give you.

PROVIDER

Multiply Provider is a paid-for-option, available at an affordable monthly premium. This option is about getting you to all-round wellness as well as helping you to save more, so that you can provide more to those you care about. Partner savings available on the Provider option include: Pick n Pay, AVBOB, Dis-Chem, Edcon Stores like Edgars, Jet, CNA and more. Plus you can get discounts for education with partners like A+Students by CMATHS and Online Career Guidance.

Save more, provide more for only:

Main member

For members with no dependants

R59
monthly premium

Family of two

This includes the main member and partner

R79
monthly premium

Per adult dependant

Older than 19 years

R10
per dependant

Child dependants

Younger than 19 years

Free

PREMIER

Multiply: On this option you can really save on life's essential cover like life insurance, medical aid and short-term insurance if your policies are with Momentum. Plus you get to live large because this option offers maximum savings and discounts. Think big like up to 50% off! Plus these fantastic discounts are available for some of SA's most loved brands and services like Mango, Avis, SAA, Etihad, Pick n Pay, Edgars and more.

Live abundantly for only:

Single member

R179
monthly premium

Family of two

R219
monthly premium

Family of three or more

R249
monthly premium

*Fees from 2016










GET IN
TOUCH

We're always here for you!

To find out more about Multiply's partners and incredible rewards, call **0861 88 66 00** or visit www.momentum.co.za/multiply

To upgrade to Multiply Provider or Multiply Premier call us on 0861 100 789 or SMS 'Join' to 40717 or visit www.momentum.co.za/multiply to apply.

See how your savings multiply

	STARTER	PROVIDER	PREMIER
		Multiply your PnP Smart Shopper points up to 4x	Multiply your PnP Smart Shopper points up to 10x
	Up to 4.5% in Dis-Chem points	Up to 10% in Dis-Chem points	Up to 25% in Dis-Chem points
	5% off	Up to 25% off	Up to 40% off
	10% off	10% off	Up to 80% off
			Up to 80% off
	7.5% off	Up to 15% off	Up to 50% off
	7.5% off	Up to 15% off	Up to 40% off
		Up to 20% off	Up to 45% off
	10% off	Up to 25% off	Up to 40% off
JAWBONE®	5% off	5% off	Up to 20% off

Go online for more partners.

Register Online



- Go to www.momentum.co.za.
- Hit the **register** tab.
- Create an account as a client.
- Complete your online profile and choose a username and password.
- You will get an activation email at the address supplied.
- Keep your username and password in a safe place.
- Click on the Multiply tab to access our wellness tools.

Start shopping

at the Multiply Online Shop



- Login to www.momentum.co.za.
- Click on Multiply.
- Click on the Online Shop.
- Start shopping or get vouchers for Edgars, Jet, takealot.com, The Pro Shop, Cycle Lab and more.

Get calling

for your deals at the Travel Desk



- Call 0861 100 155 or e-mail traveldesk@multiply.co.za.
- Quote your membership number.
- Get your quote.

Activate your benefits

Dis-Chem

- Go to the service desk at your nearest Dis-Chem store with your ID, Multiply client number or membership card to get the Dis-Chem benefit activated.
- Start swiping to earn points.



Pick n Pay

NB: Members on Multiply Starter need to upgrade for this benefit.

You need to belong to Multiply and Pick n Pay Smart Shopper to qualify. You can activate by doing one of these things:

1



Call 0861 88 66 00 with your Pick n Pay Smart Shopper number.

2



SMS the word '**PnP**', your **ID number** and your **Smart Shopper number** to **47214**. Example: PnP, 7712345678945, 1234567891234567.

3



Login at www.momentum.co.za/multiply. Click on the Multiply tab, click on Partner Rewards and click on PnP under the Food and Clothing tab.

4



Make sure you swipe your PnP Smart Shopper and Multiply cards to multiply your Smart Shopper points.

