



Dear Member

SUREMED HEALTH IN 2016

Suremed Health, together with our Administrators, has once again had an exceptional year in managing your healthcare costs.

1. CONTRIBUTIONS – 2016

The contributions for 2016, to be implemented on 1 January 2016 will be as follows:

Explorer contribution for 2016:

By Beneficiary	Principal Member	Adult Dependent	Child Dependent
Under R7 500	R800	R720	R360
R7 501 – R11 000	R995	R900	R450
R11 001 – R15 000	R1 600	R1 600	R455
R15 000+	R1 740	R1 740	R530

These contributions are extremely competitive and Explorer provides good value for money in terms of our benefit offering.

2. BENEFIT GUIDE – 2016

Enclosed/attached is the 2016 benefit guide for your perusal. You can also download/view a copy of the benefit guide as well as other valuable information regarding Suremed Health from www.suremedhealth.co.za. Please ensure that you review the benefit guide to have a better understanding of the cover you have.

3. MULTIPLY WELLNESS AND REWARDS PROGRAMME

A reminder that as our Administrators are now part of the MMI Group, we are able to extend to you the Multiply Wellness and Rewards programme from which you will derive significant benefits such as discounts, subsidised gym membership etc. The Starter option (previously called the Base option) is at no cost to you, but you will be able to “buy-up” to higher levels of benefit. Full details of the Multiply programme are available on our website www.suremedhealth.co.za or by contacting our call centre on 0860 08 08 88.



WIN ONE OF THE FOLLOWING:

A R10 000 GIFT VOUCHER FOR GAME STORES

A R10 000 GIFT VOUCHER FOR PICK N PAY HYPERMARKET

A R10 000 GIFT VOUCHER FOR INCREDIBLE CONNECTION

SUREMED 'KNOW YOUR RISK' COMPETITION – WIN A R10 000 GIFT VOUCHER!

Suremed Health will be running a Health Risk Competition from 15 January 2016 to the 31 March 2016. Our aim is for all principal members and adult dependants to have a health risk assessment done at your nearest Clicks or Dischem.

Clicks and Dischem have undertaken to send the results of the assessments directly to Suremed Health to ensure that you are entered into the competition. Should you not have reasonable access to a Clicks or Dischem, you may have the assessment done at your local pharmacy however you will need to ensure that the results are sent via email to Suremed Health on wellbeing@providence.co.za or faxed to 086 599 4511. Alternatively you can Whatsapp or SMS the results directly to us on 083 657 4740.



All information provided will be treated as confidential.

Included in this year-end information pack, is your Health Passport. Please take this to your nearest Clicks or Dischem to be completed when you do your risk assessment and to keep as your personal record of your health.

COMPETITION RULES

Please note:

- *only principal members and adult dependants may enter the competition*
- *only one health assessment may be completed per member in a calendar year*
- *only one assessment will be entered into the competition*
- *brokers, staff of the administrators and employees of the Scheme are not eligible to enter*
- *results of the competition will be audited by an external auditing firm*
- *Competition closes 31 March 2016*
- *Winners will be notified telephonically by 05 April 2016*

4. NEW EMERGENCY SERVICES PROVIDER IN 2016 - ER 24!

Suremed Health is proud to announce that with effect from 01 January 2015, the emergency services provider will be ER 24. Enclosed please find your new car sticker with the relevant contact details. Please note the new contact number to dial in the event of an emergency is **084 124**.

5. GENERAL

Suremed Health is continuously striving to provide our members with good quality healthcare services and benefits, and with this always top of mind, the majority of the benefits have been increased providing you with more benefits for your well-being

The Board of Trustees of Suremed Health would also like to take this opportunity to thank you for your support in 2015, as well as to wish you a safe and enjoyable festive season.

Yours sincerely

JEFF SLOME

Principal Officer
SUREMED HEALTH