



2016

Dear Suremed Health Member

Suremed Health focuses on providing our members with a full range of medical aid solutions to ensure that they receive the most appropriate and cost effective medical care for their particular circumstance.

In light of this Suremed Health has partnered with a Diabetes Managed Care Organisation: **LifeSense Diabetes Management Partners** to assist all members living with diabetes to receive full diabetes care, follow up and ongoing education and counselling.

Suremed Health requires that all diabetes beneficiaries need to register on the LifeSense Diabetes Management Program in order to continue to receive all the diabetes related benefits that Suremed offers their registered members. To access information on your diabetes related benefits please visit the Suremed Health Website: [www.suremedhealth.co.za](http://www.suremedhealth.co.za) or LifeSense website: [www.lsdiabetes.co.za](http://www.lsdiabetes.co.za) and click on Suremed Health.

The LifeSense Diabetes Management Program entails the following:

1. Registration with LifeSense Diabetes Management Partners
  - a. Any member who is newly diagnosed with diabetes will be required to register on the LifeSense Diabetes Management Program. Please visit either the Suremed Health Website [www.suremedhealth.co.za](http://www.suremedhealth.co.za) or the LifeSense website: [www.lsdiabetes.co.za](http://www.lsdiabetes.co.za) to access the LifeSense Diabetes Management Partners application form in order to get registered on the program.
  - b. Note: As a LifeSense registered member, you will remain under the treatment of your current treating doctor. LifeSense will liaise directly with your doctor regarding you medication and health status.
2. Once you are registered on the Program, LifeSense will be responsible for the following:
  - a. Authorisation of your diabetes and co-morbidities medication and script. [Co-morbidities – High Blood Pressure / High Cholesterol].
  - b. Liaison with your treating doctor regarding your chronic medication, follow up visits and blood tests.
  - c. Updating your pharmacist on your medication and new script. As a Suremed Health Member you are entitled to use a courier pharmacy - MEDIPOST, at no extra cost to you as the member, and your medication will be delivered directly to you on a monthly basis, at an address chosen by you, the member. Should you opt-out of the courier pharmacy option, your medication will be dispensed by your normal pharmacy.

- d. As part of the registration process with LifeSense, you will receive a NEW FREE-OF-CHARGE BIONIME Blood Glucose Monitor. The strips for your meter will be supplied as necessary and will be covered for in full out of your chronic medicines benefit.
  - e. Monthly contact with you regarding your diabetes and co-morbid conditions, counselling and education, follow up on blood glucose readings, as is necessary, and liaison with your treating doctor about your health status.
3. As a registered member on the Diabetes Management Program, you will be obliged to abide by the guidelines outlined for you by LifeSense Diabetes Management Partners, in order to assist you with the day to day management of your diabetes.
4. LifeSense Diabetes Management Partners aim to support you to achieve the best possible outcomes and improvement of the management of your diabetes and co-morbid conditions, to ensure a long and healthy life.

For further information on the program please contact LifeSense Diabetes Management Partners:

TEL: 0861 000 122 or e-mail: [diabetes@lifesense.co.za](mailto:diabetes@lifesense.co.za)

For further information on diabetes visit the LifeSense Diabetes Management Partners website:

[www.lsdiaabetes.co.za](http://www.lsdiaabetes.co.za)