



**Primary Member Consent Section**

You give permission to make information available to the third party/family member specified below.

Title  Initials  First Names  Surname   
 Identity / Passport Number  Contact Number

Please select one option by placing an "X" in the appropriate box

All consent  Updating details  Financial info  Clinical info  None Relationship

Print Name and Surname of Member:  Signature:  Date:

**SECTION 3: EMPLOYER TO COMPLETE AND SIGN**

Private Member  \*Please only fill in marked fields

Tax Number\*  Basic Salary\*

Employer  Paypoint

Scheme Join Date  Clock/Payroll Number  Date of Employment  Date of Benefit

Number of Subsidised Dependants: Spouse  Children  Adult Dependents

We confirm that the applicant is employed by us and commenced employment on the above date. Contributions are being deducted according to the selected Suremed Health Rules. **All sections of the application form have been completed and signed.**

Employer's Telephone Number  Employer's Fax Number

Employer's E-mail Address   
 Name of Medical Scheme/ Salary Administrator   
 Designation



Signature:  Date:

**SECTION 4: INTERMEDIARY DETAILS (To be completed by Broker – if applicable)**

Application Information:  New Business  Addition to Existing Group Group Size:

Name of Group / Individual:  Joining Date:

**Intermediary Details:**

Brokerage Name  CMS Number  CMS Number Expiry Date

FSB License Number  Start Date

Broker Name  CMS Number  CMS Number Expiry Date

FSB License Number  Start Date

Telephone Number  Fax Number  Cellphone Number

Please indicate preferred method of communication:  E-mail  SMS

Broker Signature:  Date:

**SECTION 5: PREVIOUS MEDICAL SCHEMES**

Please provide full details of previous membership of registered Medical scheme (starting with most recent) and provide proof by attaching your Certificates of Membership. (Your previous Medical scheme membership card will not be accepted)

Scheme Name  Date from  Certificate Attached  YES  NO

Membership Number  Date to  Years / Months on Medical scheme

Scheme Name  Date from  Certificate Attached  YES  NO

Membership Number  Date to  Years / Months on Medical scheme

Scheme Name  Date from  Certificate Attached  YES  NO

Membership Number  Date to  Years / Months on Medical scheme

**SECTION 6: YOUR DEPENDANT'S DETAILS**

**A. SPOUSE'S DETAILS**

Title  Initials  First Names  Surname

Identity Number/ Passport Number  Date of Birth  Gender:  M  F

Telephone Number (Home)  Telephone Number (Work)  Cellphone Number

E-mail Address

Physical Address  Postal Address  Same as Physical

Street Number / Street Name  Street Number / Street Name

Suburb  Suburb

City  City

Province / State  Province / State

Code  Code

**Spouse's Consent Section**

You give permission to make information available to the third party/family member specified below.

Title  Initials  First Names  Surname

Identity / Passport Number  Contact Number

Please select one option by placing an "X" in the appropriate box

All consent  Updating details  Financial info  Clinical info  None Relationship

Print Name and Surname of Member:  Signature:  Date:

**B. OTHER DEPENDANTS**

**Note:** Additional documentation is required when adding a Common Law Partner / Adopted Child / Foster Child. Please refer to Checklist on page 1. Acceptance of dependants will be decided in accordance with the Scheme Rules.

**D1** First Names  Surname  Cellphone Number

Identity Number/ Passport Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**D2** First Names  Surname  Cellphone Number

Identity Number/ Passport Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**D3** First Names  Surname  Cellphone Number

Identity Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**D4** First Names  Surname  Cellphone Number

Identity Number/ Passport Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**D5** First Names  Surname  Cellphone Number

Identity Number/ Passport Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**D6** First Names  Surname  Cellphone Number

Identity Number/ Passport Number  Date of Birth  Relationship  Gender:  M  F

If your dependant is your child and is 21 years and older, or your parent, are they: Married:  YES  NO  
 Financially dependant on you?  YES  NO Does your dependant earn an income?  YES  NO Monthly Income: R

**SECTION 7: BANKING DETAILS**

I hereby instruct Suremed Health Medical Scheme to electronically collect contributions or to deposit refunds into my bank account. I understand that credit card accounts may not be used for these transactions. I also irrevocably authorise Suremed Health Medical Scheme to reverse any erroneous transaction and/or to rectify any incorrect electronic transfer of funds without prior notice.

Account Holders Signature:  ?

Date:

**PLEASE TICK (MORE THAN ONE OPTION CAN BE SELECTED)**

- USE THIS ACCOUNT FOR CONTRIBUTION COLLECTIONS (PENSIONERS AND PRIVATE MEMBERS – Contribution payments deducted in Advance)
- USE THIS ACCOUNT FOR CLAIM REFUNDS

BANK NAME

BRANCH NAME

ACCOUNT HOLDER NAME

BANK ACCOUNT NUMBER

BANK DATE STAMP  
REQUIRED

ACCOUNT TYPE  CURRENT  CHEQUE  SAVINGS  TRANSMISSION

\*Submit a copy of a cancelled cheque or confirmation of banking details for collecting contributions and/or claim refunds.  
\*If the bank account is in another person's name, then the account holder should also sign this form, giving the Scheme permission to deduct the contributions from his/her account with a copy of the account holder's ID document

**SECTION 8: MEDICAL HEALTH QUESTIONNAIRE**

**SECTION A: Information on symptoms, conditions or disorders**



(Must be completed for the main applicant, spouse/partner and all dependants).

Please indicate if you or any dependant in this application ever experienced, been treated for, or are you currently suffering from any of the following symptoms, conditions or disorders?

We have listed some examples of conditions, symptoms or disorders under each question. These are only examples and not the full list of conditions, symptoms or disorders. Please include congenital abnormalities.

**IMPORTANT - PLEASE SUPPLY DETAILS ON PAGE 7 FOR ANY CONDITION THAT HAS BEEN TICKED.**  
This section is extremely important. Any omission or misrepresentation of information may lead to refusal to admit to pay any claims for treatment received, or the scheme can terminate your membership. All conditions, symptoms or disorders have to be declared, no matter how insignificant they may seem.

**1. Tumours, growths and skin disorders**  YES  NO **List member or dependant name/s**

<p><b>Example:</b> abnormal pap smear results, skin lesions, breast disease, non-cancerous tumours, cancerous tumours, cancer of any organ, fibrocystic breast disease, fibroadenoma, fibroadenosis, lump in breast, abnormal mammogram result, abnormal PSA result.</p>	
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**2. Heart and circulation conditions**  YES  NO **List member or dependant name/s**

<p><b>Example:</b> chest pain, palpitations, shortness of breath, coronary heart disease, angina, heart attack, arrhythmia, high blood pressure cardiomyopathy, valvular heart disease or heart valve replacement, congenital heart disease, rheumatic fever, high cholesterol, previous heart surgery, stents, pacemaker.</p>	
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**3. Gynaecological and obstetric conditions**  YES  NO **List member or dependant name/s**

<p><b>Example:</b> abnormal pap smear results, abnormal menstrual bleeding, endometriosis, miscarriage, polycystic ovarian syndrome, infertility, menopause, ectopic pregnancy.</p>	
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Are you or any dependants pregnant or suspect pregnancy?  YES  NO

If yes, list dependant name and date of last menstrual period

**4. Mental health**  YES  NO **List member or dependant name/s**

<p><b>Example:</b> mood disorders (depression, bipolar disorder), anxiety disorders, schizophrenia, personality disorders, sleeping disorders (like narcolepsy), eating disorders, Alzheimer's disease, autism, dementia, attention deficit-hyperactivity disorder, drug and/or alcohol abuse or rehabilitation, suicide attempt, counselling, bulimia.</p>	
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**5. Metabolic or endocrine conditions**  YES  NO**List member or dependant name/s**

**Example:** diabetes (high blood sugar), thyroid disease, Addison's disease, Cushing's syndrome, metabolic syndrome, parathyroid disease, Paget's disease, osteoporosis, growth deficiency.

**6. Gastrointestinal conditions**  YES  NO**List member or dependant name/s**

**Example:** hepatitis, cirrhosis, portal hypertension, alcoholic liver disease, liver failure, haemochromatosis, pancreatitis, cystic fibrosis, gall bladder, gall stones, GORD (reflux), heartburn, oesophageal disease, hernias, atrophic gastritis, ulcers, stomach ulcers, malabsorption, Crohn's disease, ulcerative colitis, diverticulitis.

**7. Brain and nerve conditions**  YES  NO**List member or dependant name/s**

**Example:** stroke, epilepsy, multiple sclerosis, motor neuron disease, myasthenia gravis, migraine, cerebral palsy, Parkinson's disease, paraplegia, hemiplegia, quadriplegia, spinal cord injury, hydrocephalus, ventriculo-peritoneal shunt (VP shunt), mental retardation, CVA, bleeding on the brain.

**8. Breathing and respiratory conditions**  YES  NO**List member or dependant name/s**

**Example:** asthma, chronic obstructive pulmonary disease, bronchiectasis, tuberculosis, bronchitis or emphysema, cystic fibrosis, sarcoidosis, pneumonia.

**9. Musculoskeletal (back, bone and muscle pain)**  YES  NO**List member or dependant name/s**

**Example:** arthritis (any form), ongoing neck and/or back pain, ankylosing spondylitis, lupus, Sjögren's syndrome, scleroderma, polymyositis, dermatomyositis, polyarteritis nodosa, Wegener's granulomatosis, sarcoidosis, fibromyalgia, degenerative disc disease, scoliosis, kyphosis, spinal stenosis, neurogenic bladder, gout, fractures, physical disability

**10. Kidney or urinary conditions including current or past dialysis**  YES  NO**List member or dependant name/s**

**Example:** kidney and/or renal failure, kidney stones, recurrent urinary infections, glomerulonephritis, nephrotic syndrome, polycystic kidney disease, urinary incontinence, bladder infections, other bladder or kidney problems

**11. Blood conditions**  YES  NO**List member or dependant name/s**

**Example:** deep vein thrombosis, anaemia, ITP (platelet deficiency), polycythaemia vera, blood clotting diseases, leukaemia, lymphoma, pulmonary embolus, haemophilia and other bleeding disorders.

**\* HIV and AIDS:** If you and/or any of your dependants are HIV positive or have AIDS and would prefer not to disclose your and/or their HIV status on this form due to confidentiality you or they must call us on **WELLNESS NUMBER: 086 010 3228** within seven working days from the date we activate your Medical Scheme membership. We treat this information in the strictest confidence. If you, or one or more of your dependants are HIV-positive, it is in your interest to register on the Wellness Programme. The Medical Scheme may have waiting periods that apply in certain circumstances. This means there may be a set time period before the Medical Scheme starts paying for any general or specific medical conditions. A 12-month condition specific waiting period may therefore apply to this condition. If you do not let us know about your HIV status within 7 days of your membership being active, we may end your Medical Scheme membership.

**12. Eye conditions**  YES  NO**List member or dependant name/s**

**Example:** cataract, keratoconus, corneal ulcer, uveitis, glaucoma, squint, ptosis, any abnormality of eyelids, retinopathy, macular degeneration, cornea transplant, eye surgery, blurry vision, blindness (partial or full), retinal detachment.

**13. Ear, nose and throat (ENT) and dentistry conditions**  YES  NO**List member or dependant name/s**

**Example:** chronic otitis media (middle ear infection), chronic otitis externa, hearing problems, hearing aid, cochlear implant, tonsillitis, adenoiditis, vertigo, deafness, sinus problem, nasal surgery, dental treatment or dental surgery.

**14. Male urogenital conditions**  YES  NO**List member or dependant name/s**

**Example:** prostate disorders, urogenital defects, varicoceles, tumours, undescended testes, phimosis, urinary incontinence.

Are there any other conditions or symptoms not listed above, for which medical advice, care or treatment has been recommended or received, or that could potentially result in a medical claim in the next 12 months?

YES  NO *If yes, please provide details in Section B on the next page*



## CONSENT FOR SUREMED HEALTH TO PROCESS PERSONAL INFORMATION

We request your consent to process and obtain your personal information from any other person for the purposes set out below. While your consent is voluntary, it is a requirement for your membership of Suremed Health.

Suremed Health and the Administrator, Momentum Thebe Ya Bophelo, a division of Momentum Metropolitan Life Limited, will keep your personal information confidential and will adhere to the Protection of Personal Information Act, 2013 when processing your personal information. Your personal information will be processed for the purpose of the Medical Schemes Act 131 of 1998.

If you fail to provide the personal information required or if you are not willing to agree to the processing of your personal information, then Suremed Health will not be able to administer or offer you membership of the medical scheme.

### Please read the statements below and sign your acceptance thereof.

1. I authorise, and give consent to Suremed Health and the Administrator to collect, store, collate, process, share and further process my personal information, including health information, and that of my dependants, for purposes of my Suremed Health membership risk profiling and management, administration of my membership and as set out in this section.
2. If I have consented to the disclosure of my personal information, Suremed Health or the Administrator may provide my personal information to any natural or juristic person (which could include a company, corporation, state, or agency of a state, association, trust or partnership) or if a contractual relationship exists between Suremed Health or the Administrator which requires them to do so.
3. I acknowledge that I must give Suremed Health and the Administrator all information and evidence they may require from time to time. I authorise Suremed Health and the Administrator to obtain from any person, including any medical doctor or other healthcare provider who has attended to me or my dependants in the past, or who will attend to me or my dependants in the future, any information Suremed Health may require concerning my or any of my dependants in assessing any risk or claim in relation to this application, my membership of Suremed Health and risk profiling or management. I consent to that person providing, and instruct that person to provide, Suremed Health and the Administrator with this information on request. I waive the provisions of any law or regulation that restricts the disclosure of this information.
4. I have the right to withdraw my consent to have my personal information processed provided that the lawfulness of the processing of my personal information before my withdrawal will not be affected.
5. I have the right to object on reasonable grounds relating to my particular situation, to the processing of my personal information unless processing is required by law.
6. I have the right to request my personal information which is in the possession of Suremed Health and the Administrator, provided that I furnish adequate identification.
7. I have the right to request Suremed Health and the Administrator where necessary, to correct or delete my personal information that is inaccurate, irrelevant, excessive, outdated, incomplete, misleading, or obtained unlawfully.
8. If I have a complaint relating to the processing of my personal information, I agree to refer it to the Administrator to resolve it in terms of their internal complaints process first. If I am not satisfied with the outcome of the complaint, I understand that I may refer the complaint to the Information Regulator who can be contacted on 012 406 4818 or via email at [infoereg@justice.gov.za](mailto:infoereg@justice.gov.za).
9. It remains the responsibility of the applicant to make full disclosure of the required information pertaining to the applicant and/or all the dependants. Should you wish to add a medical report from your family practitioner you are welcome to do so. The Medical Schemes Act makes provisions for a membership to be terminated where non-disclosure of material information is proven and the law does not recognise ignorance as an excuse. Your signature to the application form indicates, amongst others, that you understand the terms and conditions of membership, and that the information furnished in the application form is true and correct. If you are unsure about any of the questions, please do not hesitate to contact the Medical Scheme call centre.
10. Disclosure of information: Any breach of any warranty or non-disclosure of any information by myself or my dependants relevant to the assessment of this application will render my membership null and void, and all contributions paid by me will be forfeited to the Scheme.

Print Name and Surname of Member:

ID/Passport Number:

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Signature:

Date:

Y	Y	Y	Y	M	M	D	D
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# GP Nomination Form

**IMPORTANT NOTE:** Please note that this GP Nomination Form must be completed in full and emailed to [changemygp@primecure.co.za](mailto:changemygp@primecure.co.za), fax 086 680 7124 or call the Prime Cure contact centre on 0861 665 665. Upon approval, confirmation of change will be faxed/emailed/SMSed to the requestor within 24 hours of receipt.

## A Principal Member Details

First Name	<input type="text"/>	Surname	<input type="text"/>
ID/Passport No:	<input type="text"/>	Tel (H):	<input type="text"/>
Tel (W):	<input type="text"/>	Tel (C):	<input type="text"/>
Email:	<input type="text"/>		
Medical Aid:	<input type="text"/>	Option:	<input type="text"/>
Medical Aid No:	<input type="text"/>	Employer:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
Members Signature:	<input type="text"/>	Date:	<input type="text"/>



## B Dependant Details

1. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
2. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
3. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
4. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
5. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
6. First Name:	<input type="text"/>	Surname:	<input type="text"/>
ID/Passport No:	<input type="text"/>	Dependant Code:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>
GP Practice Name:	<input type="text"/>	GP Practice No:	<input type="text"/>

## CHRONIC MEDICATION BENEFIT APPLICATION FORM

### A. IMPORTANT INFORMATION

- This application is applicable to the Navigator and Challenger options.** For Explorer and Shuttle options please contact Prime Cure (0861 665 665) for assistance with chronic medication authorisation
- One application must be completed per beneficiary applying for chronic medication. To download an additional application form visit: [www.suremedhealth.co.za](http://www.suremedhealth.co.za)
- Allow one working day for the processing of your application.
- The original prescription must be given to the provider who dispenses your medication.
- It is essential that you submit all required information correctly and timeously as incomplete forms will not be processed.
- Approval of chronic medication is subject to the rules and chronic protocols of the Scheme.
- You may contact the Pharmacy Benefit Management (PBM) Team at (041) 395 4482 or [chronic@suremedhealth.co.za](mailto:chronic@suremedhealth.co.za)
- Send completed forms via fax 086 680 8855, mail PO Box 1672, Port Elizabeth, 6000 or [chronic@suremedhealth.co.za](mailto:chronic@suremedhealth.co.za)

### B. MEMBER DETAILS

Scheme		Option		Membership Number	
<input type="text"/>		<input type="text"/>		<input type="text"/>	
Title	Initials	First Names	Surname		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Identity Number/ Passport Number		Date of Birth		E-mail Address	
<input type="text"/>		Y Y Y Y M M D D		<input type="text"/>	
Postal Address				Telephone Number (Home)	
<input type="text"/>				c o d e <input type="text"/>	
<input type="text"/>				Telephone Number (Work)	
<input type="text"/>				c o d e <input type="text"/>	
<input type="text"/>				Fax Number	
<input type="text"/>				c o d e <input type="text"/>	
<input type="text"/>				Cellphone Number	
<input type="text"/>				<input type="text"/>	

### C. PATIENT DETAILS (Beneficiary who requires Chronic Medication)

Title	Initials	First Names	Surname		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Identity Number		Date of Birth			
<input type="text"/>		Y Y Y Y M M D D			
Telephone Number (Home)		Telephone Number (Work)		Fax Number	
c o d e <input type="text"/>		c o d e <input type="text"/>		c o d e <input type="text"/>	
Cellphone Number		E-mail Address			
<input type="text"/>		<input type="text"/>			

The outcome of this application must be communicated to me via my email address:  YES  NO

Patient Name: ID Number: **D. PATIENT DECLARATION****By signing below, I hereby give permission for, acknowledge and/or agree to the following:**

- My (or my minor dependant's) doctor may provide clinical information regarding my (or my minor dependant's) condition to the PBM Team.
- Any information concerning this application will remain confidential at all times.
- It may be a pre-condition to the approval of the Chronic Medication Benefit that I (or my minor dependent) register and comply with the requirements of a Disease Management Programme.
- My (or my minor dependant's) doctor retains the responsibility for my (or my minor dependant's) condition, based on the understanding that I (or my minor dependant) also has a responsibility towards my (or my minor dependant's) own health concerns, irrespective of the outcome of this application.
- This funding authorisation is at all times subject to the Scheme rules even if a beneficiary's circumstances change after the authorisation is provided. This authorisation is not a guarantee of payment.
- This funding authorisation is based on the most appropriate clinical criteria in terms of the Scheme rules and protocols. All treatment decisions remain the responsibility of the beneficiary's health care provider irrespective of the funding decision made in terms of the Scheme rules, clinical criteria and protocols.
- The Scheme and its Administrator shall not accept responsibility for any act, errors or omissions, loss, damage or consequences of individual responses to the treatment authorised or not authorised for funding by the Scheme.

Patient Name (or member if patient is a minor)

Signature:



Date:

**Clinical Information Consent Section**You give permission to make **clinical information** available to the third party/family member specified below.

Title	Initials	First Names	Surname	Relationship
<input type="text"/>				

Identity/Passport Number	Contact Number
<input type="text"/>	<input type="text"/>

Print Name and Surname of Patient

Signature:



Date:

**E. CLINICAL CRITERIA****The following information is required when applying for a new chronic condition.**

Certain conditions which do not appear on the form below may be considered for approval on the Chronic Benefit, although not all long-term conditions, which a doctor may define as chronic, will fulfill the criteria for approval.

\* Chronic conditions only available on certain options of Suremed Health.

Condition	Requirements
Addison's Disease	1. Initial Specialist Application.      2. ACTH Stimulation Test.      3. Serum Cortisol Test.
Ankylosing Spondylitis*	1. Initial Specialist Application.
Asthma	1. Lung function test (8 years of age and older).
Bipolar Mood Disorder	1. Specialist to complete Section K.
Asthma	1. Lung function test (8 years of age and older).
Bronchiectasis	1. Initial Specialist Application.      2. Attach relevant radiology report.
Cardiac failure	1. Specialist to complete section G.
Cardiomyopathy	1. Initial Specialist Application.
Chronic Obstructive Pulmonary Disease	1. Lung function test including FEV1/FVC and FEV1 post bronchodilator.
Chronic Renal Disease	1. Initial Specialist (Nephrologist) Application.      2. Serum Urea, Creatinine and GFR.
Coronary Artery Disease	1. Stress ECG confirming diagnosis.      2. Attach history of previous cardiovascular disease event(s).
Crohn's Disease	1. Initial Specialist Application.      2. Diagnostic reports to be supplied
Depression*	1. Prescriber to complete Section K.
Diabetes Insipidus	1. Initial Specialist Application.      2. Water deprivation test results.

Patient Name:

ID Number:

Condition	Requirements
Diabetes Mellitus	1. Prescriber to complete Section G and H. 2. Please attach the diagnostic Fasting/Random Blood Glucose results <i>The application cannot be reviewed if this is not completed.</i> <i>The Scheme subscribes to the LifeSense Diabetic Management programme for the Navigator and Challenger options.</i>
Dysrhythmias	1. Prescriber to clearly indicate ICD-10 code. 2. ECG confirming diagnosis.
Epilepsy	1. EEG report confirming diagnosis. 2. Attach detailed seizure history.
Glaucoma	1. Initial Specialist Application. 2. Supply initial diagnostic intra-ocular pressure/s.
Haemophilia	1. Initial Specialist Application. 2. Haemophilia A (Factor VIII as % of Normal). 2. Haemophilia B (Factor IX as % of Normal).
HIV & AIDS	1. The Scheme subscribes to the LifeSense AIDS Management programme for the Navigator and Challenger options. <i>Please call 0860 506 080 for further information.</i>
Hyperlipidaemia	1. Prescriber to complete Section G and J. 2. Please attach the diagnosing Lipogram. <i>The application cannot be reviewed if this is not submitted.</i>
Hypertension	1. Prescriber to complete Section G and I. 2. Initial Specialist Application if younger than 18 years of age.
Hyperthyroidism	1. Attach initial diagnostic report.
Hypothyroidism	1. Attach initial diagnostic report.
Multiple Sclerosis	1. Initial Specialist Application. 3. Extended Disability Status score (EDSS). 2. Comprehensive disease history.
Myasthenia Gravis*	1. Initial Specialist application
Osteoporosis*	1. DEXA bone mineral density (BMD) scan and report on any additional risk factors.
Parkinson's Disease	1. Initial Specialist Application.
Rheumatoid Arthritis (RA)	1. Initial diagnostic test results confirming RA may be required where a "stepped therapy" approach has not been implemented. 2. Initial Specialist Application for Leflunomide and Specialist Motivation for Biologic DMARDs. 3. Baseline Disease Activity Scores.
Schizophrenia	1. Psychiatrist to complete Section K.
Systemic Lupus Erythematosus	1. Initial Specialist Application. 2. Comprehensive disease history
Ulcerative Colitis	1. Initial Specialist Application. 2. Diagnostic reports to be supplied

**F. PATIENT HEALTH INFORMATION (to be completed by doctor)**

Weight:  kg    Height:  m    Hip/Waist ratio:     Smoker?  YES  NO    Ave per day:

Exercise: Frequency  times per week    Intensity:  Low  Medium  High

Current Blood Pressure  mmHg    Available Blood Glucose Result  mmol/L     Fasting  Random

**G. CARDIOVASCULAR (to be completed by doctor when applying for hypertension, hyperlipidaemia or diabetes mellitus)**

Is microalbuminuria present?  YES  NO    Is GFR less than 60ml/min?  YES  NO

Please indicate which of the following co-morbidities/risk factors apply to this patient?

<input type="checkbox"/> Peripheral arterial disease	<input type="checkbox"/> Nephropathy	<input type="checkbox"/> Retinopathy	<input type="checkbox"/> Heart Failure
<input type="checkbox"/> Left ventricular hypertrophy	<input type="checkbox"/> Chronic renal disease	<input type="checkbox"/> Cardiomyopathy	<input type="checkbox"/> Prior stroke/TIA
<input type="checkbox"/> Prior myocardial infarction	<input type="checkbox"/> Prior CABG	<input type="checkbox"/> Prior Stent	<input type="checkbox"/> Angina

If heart failure is present, please indicate classification below:

NYHA/ACC-AHA Classification:  A     B/I(Mild)     C/II(Mild)-III(Moderate)     D/IV(Severe)

**H. DIABETES MELLITUS**

Please attach the laboratory diagnostic Fasting or Random Blood Glucose results.  
The application cannot be reviewed if this is not submitted.

Patient Name:

ID Number:

**I. HYPERTENSION** (to be completed by doctor when applying for hypertension)

Please supply two blood pressure readings, performed on two different occasions, before initiating drug therapy, for a newly diagnosed patient.

(1.) Date:   mmHg (2.) Date:   mmHg

**J. HYPERLIPIDAEMIA** (to be completed by doctor when applying for hyperlipidaemia)

Please attach the diagnosing lipogram. The application cannot be reviewed if this is not submitted.

Is there a family history of early-onset arteriosclerotic disease?  YES  NO If yes, please provide details below:

Does the patient suffer from familial hyperlipidaemia?  YES  NO Has this been verified by an Endocrinologist?  YES  NO

If yes, please provide details below:

Please risk your patient as per the Framingham coronary prediction algorithm  %

**K. PSYCHIATRIC CONDITIONS** (to be completed doctor by when applying for psychiatric disorders)

Please indicate DSM IV diagnosis

Please indicate number of relapses

**L. MEDICAL PRACTITIONER DETAILS & ADDITIONAL NOTES**

Surname  Initials  Practice Number

Speciality  Telephone Number  code  Fax Number  code

Cellphone Number  E-mail Address

The outcome of this application must be communicated to me via:  Email address  Fax number

MEDICAL PRACTITIONER ADDITIONAL NOTES:

Patient Name:

ID Number:

**M. CONDITION AND MEDICATION DETAILS** (to be completed by doctor)

ICD-10 Code	Medication prescribed (Name, strength & dosage)	Date medication initiated & prescriber details	Repeats								
		<table border="1"> <tr> <td>Y</td><td>Y</td><td>Y</td><td>Y</td><td>M</td><td>M</td><td>D</td><td>D</td> </tr> </table>	Y	Y	Y	Y	M	M	D	D	
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		<table border="1"> <tr> <td>Y</td><td>Y</td><td>Y</td><td>Y</td><td>M</td><td>M</td><td>D</td><td>D</td> </tr> </table>	Y	Y	Y	Y	M	M	D	D	
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Y	Y	Y	Y	M	M	D	D				

Name of Medical Practitioner:

Signature:

Date:

Y	Y	Y	Y	M	M	D	D
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**N. HOW THE CHRONIC BENEFIT WORKS**

The Chronic Benefit includes cover for medication from a specified list of chronic conditions which is in accordance with the Scheme option. These conditions have been selected according to clinical and actuarial criteria.

**Chronic Disease List** - The Prescribed Minimum Benefit regulations require that medical schemes cover the diagnosis, medical management and medication for a specified list of 27 chronic conditions known as the Chronic Disease List. All such conditions meeting approval criteria will be authorised under the PMB Chronic Medication benefit.

**Extended Chronic Disease List** - Certain Suremed Health options provide cover for an extended disease list. All such conditions meeting approval criteria will be authorised under the Chronic Medication benefit in line with treatment protocols and Scheme rules.

The PBM team will authorise an amount for all approved chronic conditions. The approved amount (Chronic Drug Amount - CDA) is determined based on the treatment protocols for all levels of treatment for each condition. The CDA is the maximum Rand amount that will be approved for the class/category of each drug that is authorised.